
iSwimManager

User's Manual

Settings

Content

Application setup parameters

Application setup parameters

The application allows you to set the following parameters:

1st Training swimming pools

2nd Setting the ages

3rd Setting swimming style - stroke

4th Setting the pace / tempo

5th Setting up tools (tools)

Changing 6th group

7th Conversion 25 m --> 50m pool swimming pool

8th Conversion 25y --> 25m swimming pool

9th Conversion 25y --> 50m pool swimming pool

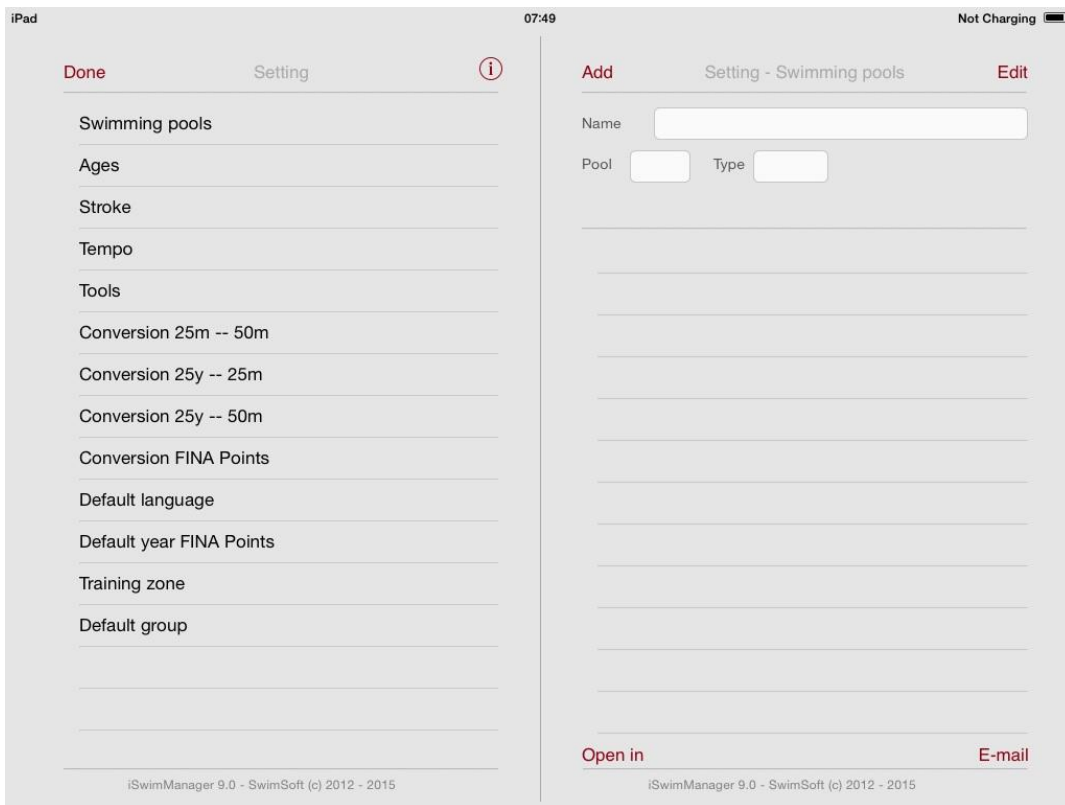
10th Conversion by Fina points

11th Default language

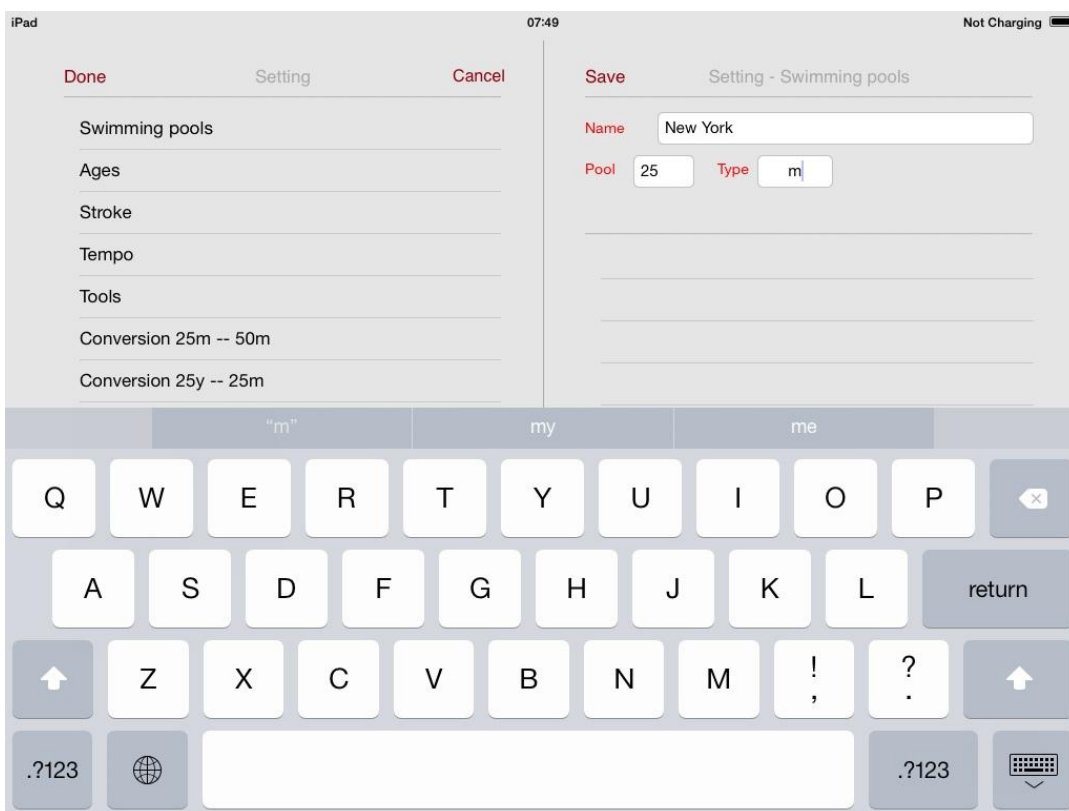
12th Default year FINA Points

13th Default Group

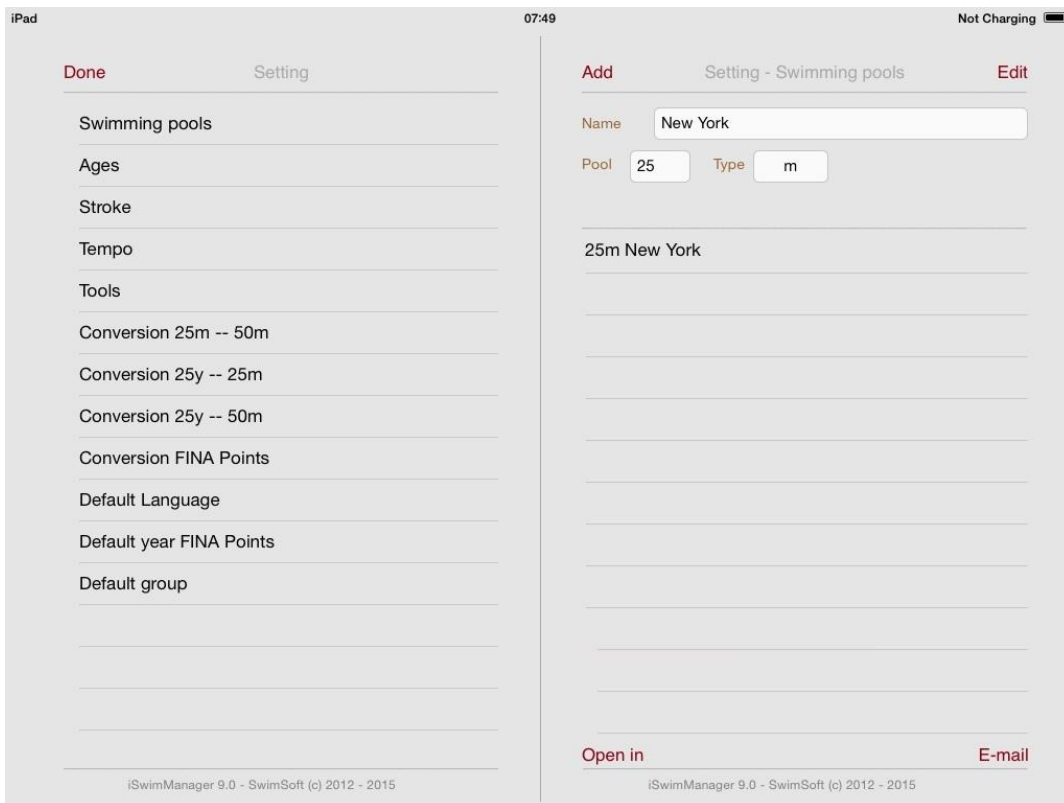
After selecting the Settings screen appears No.46, which shows all the options.



Writing pools where swimming training takes place is very simple. Press the [Add](#) button, the keyboard appears and the data I enter the pool name, length and degree of length "m" or "y" (meter / year). See Figure No. 47

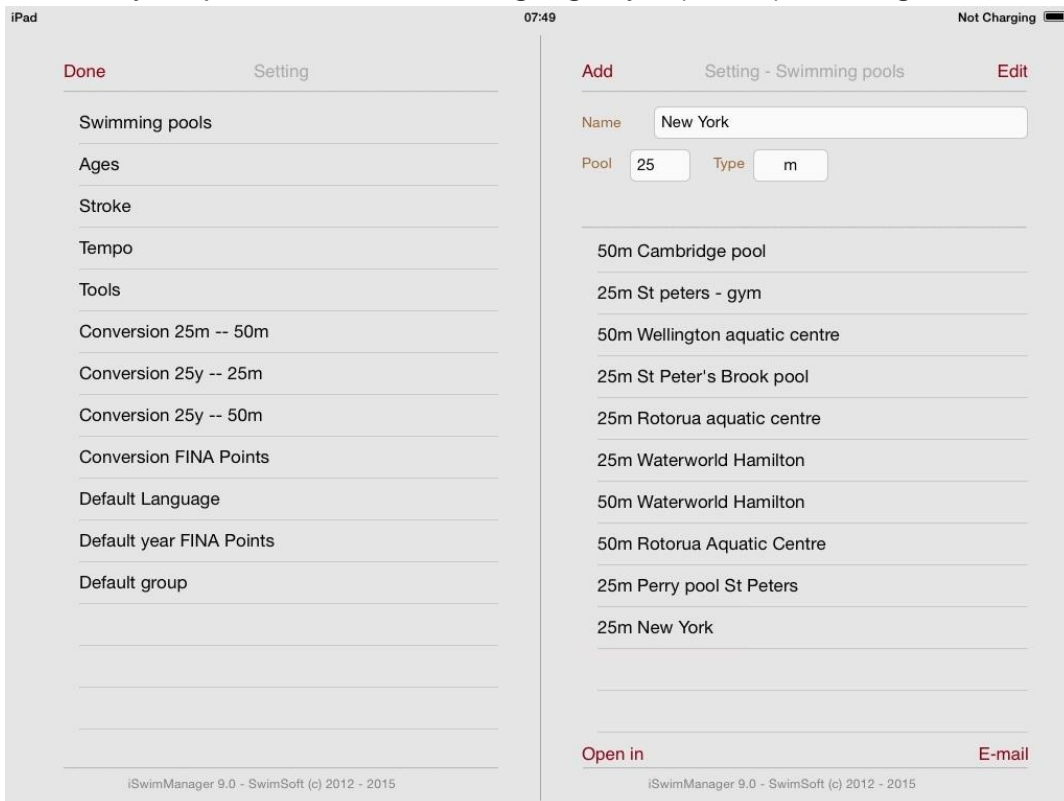


Press the [Save](#) button – the data of swimming pool enters into the database shown in Figure No.48.

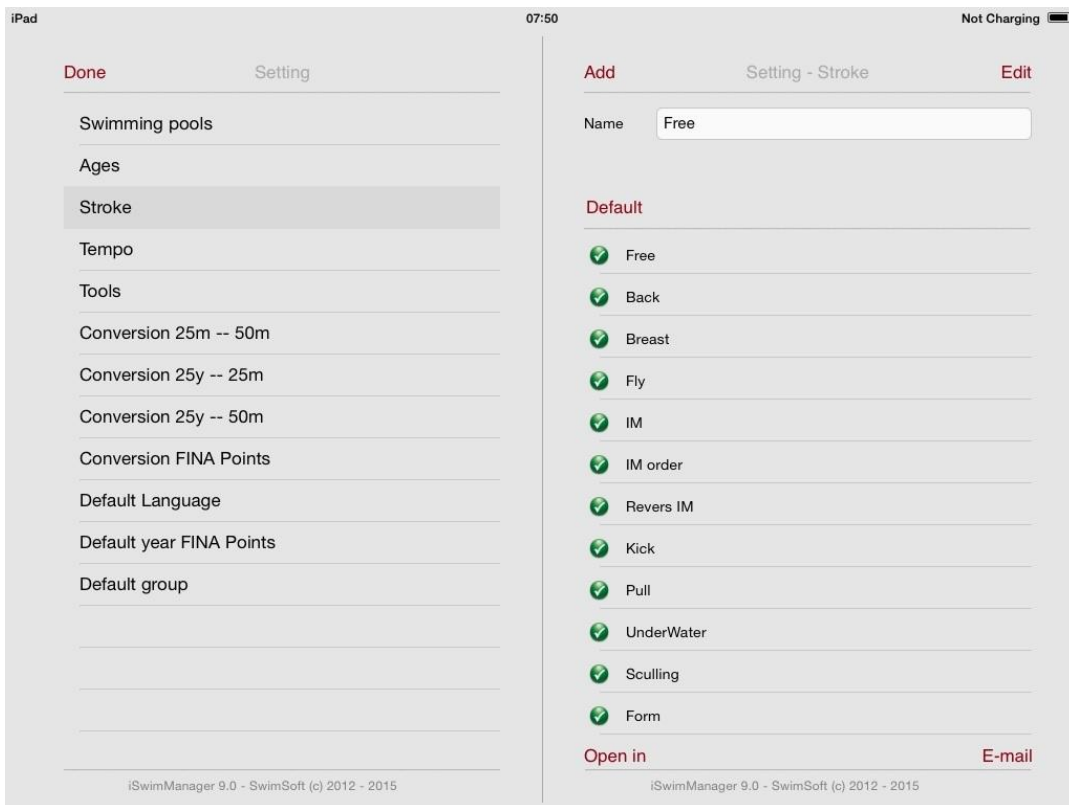


The same procedure for any other pools see Figure No. 49

Press the [Edit](#) button, we can change the pools data. The remaining four parameters are set the same way. Explain in detail of setting, eg. style (stroke). See Figure No.50



Parameter can be locked and will not be shown in the App. Lock is performed by tapping on the selected parameter see Figure No. 51

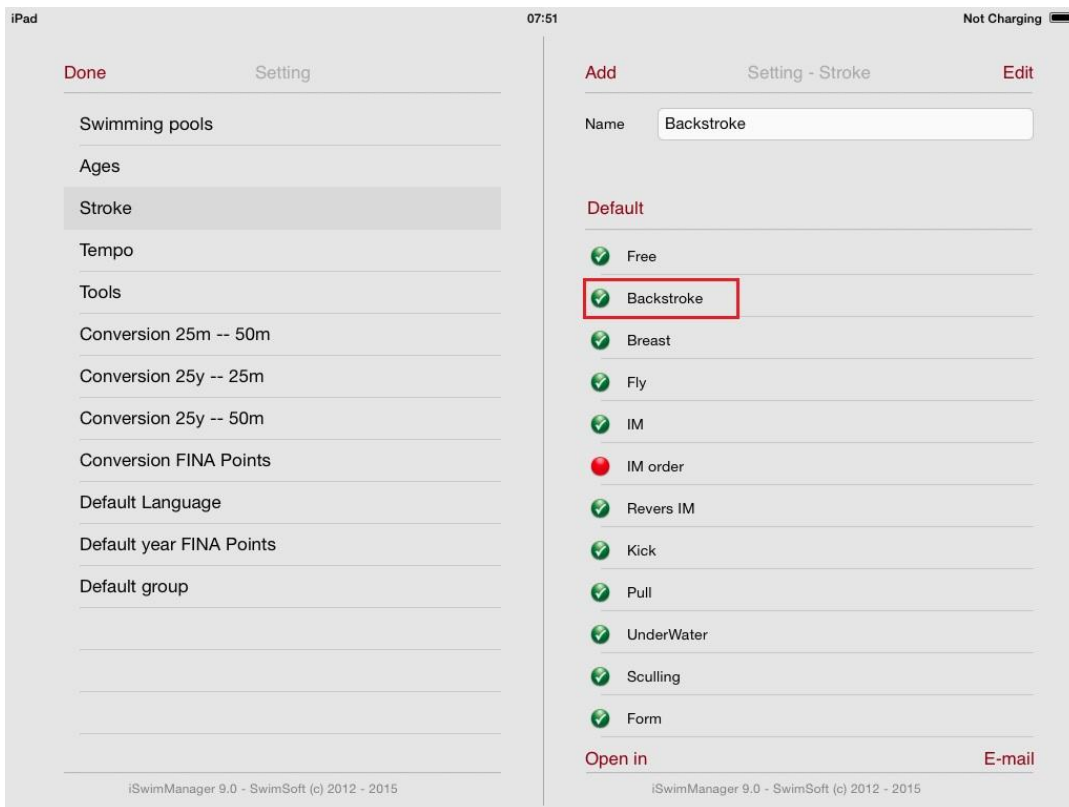


As shown in Figure lock is indicated by changing icons color. Tapping again the parameter is unlocked.

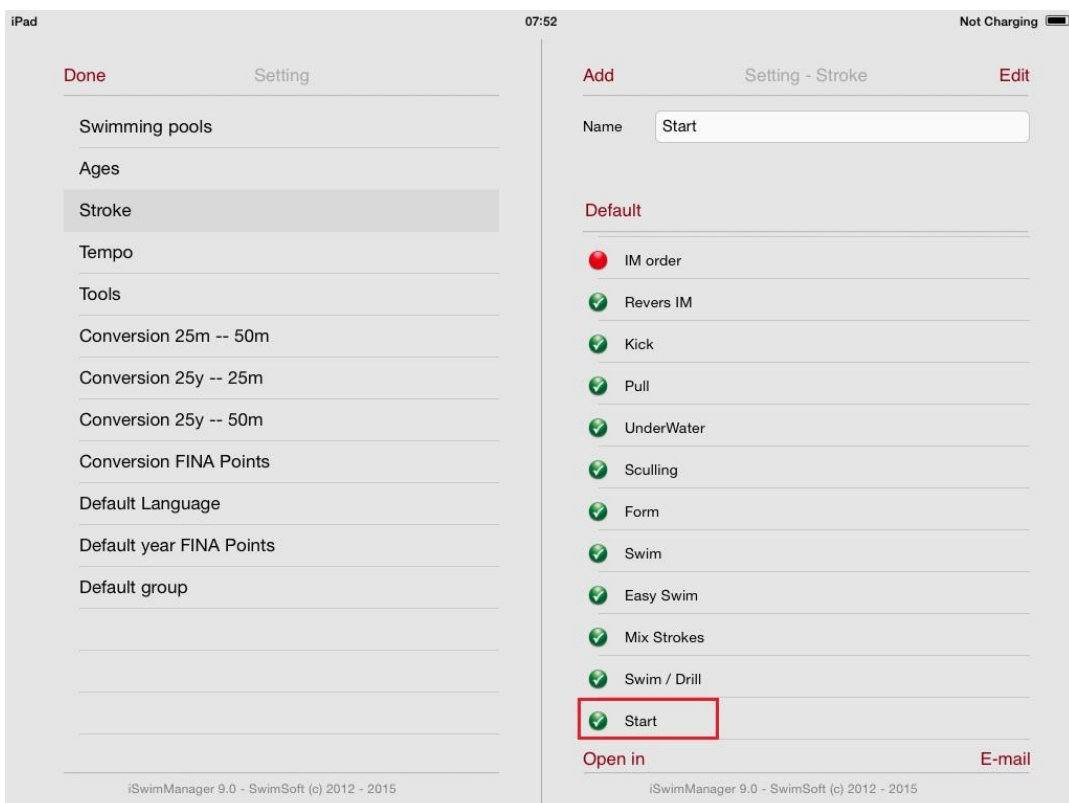
If we want to change the name of the parameter, just tap on the parameter and press the [Edit](#) button. The keyboard appears. Change the name to what we require and press the Save button this will change the parameter name.

For example, the style "Back" changes to "Backstroke". See Figure No. 52

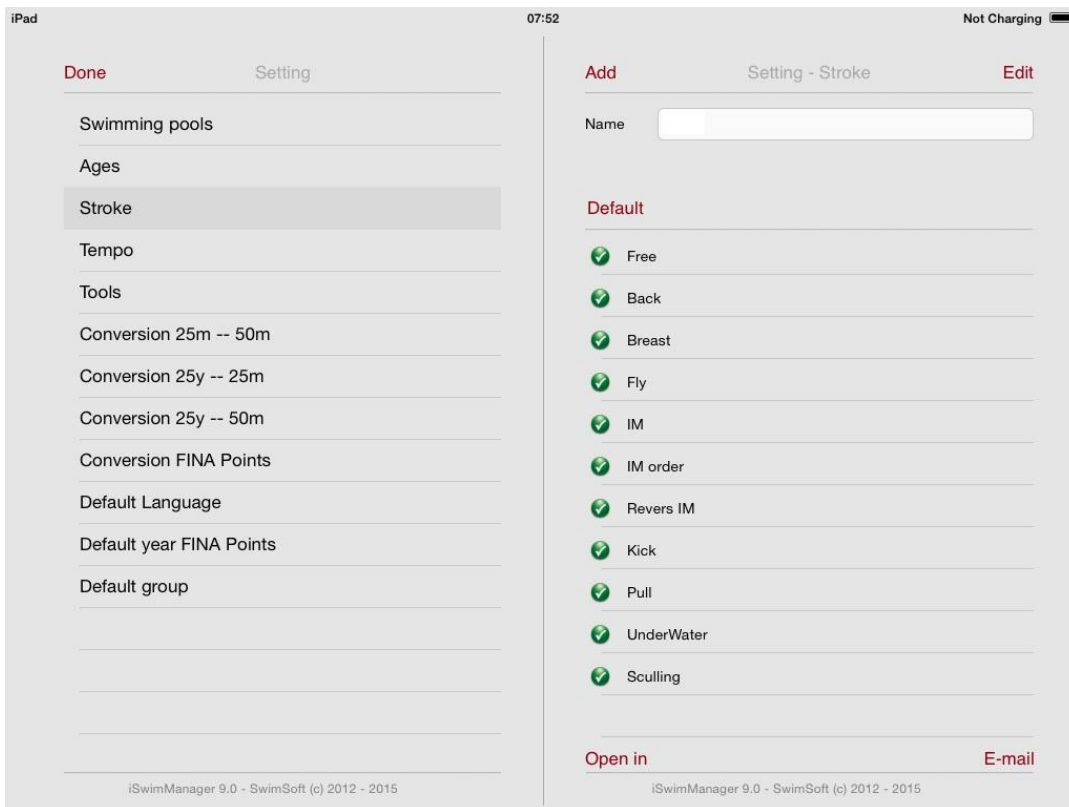
You can change all the names which are commonly used and are using the training process. Follow the principle, the length of the name can be up to 10 characters, if you want to see the full name of choice in wheels.



Also very easy to add another parameter, press the [Add](#) button. Register the name and press the [Save](#) button the adding will accure. For example, add the parameter "Start". See Figure No. 53



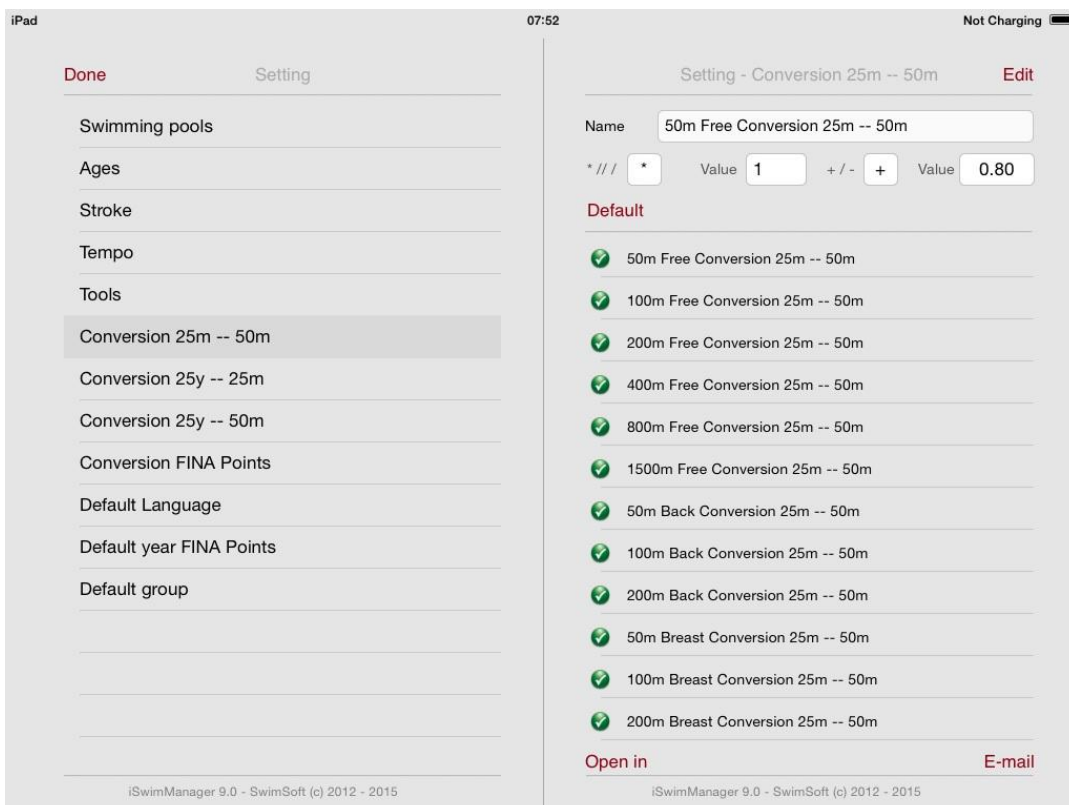
The last option is to obstruct the parameter settings by pressing the [Default](#) button, which leads to the cancellation of all previous changes and set the parameter to its original state. See Figure No. 54.



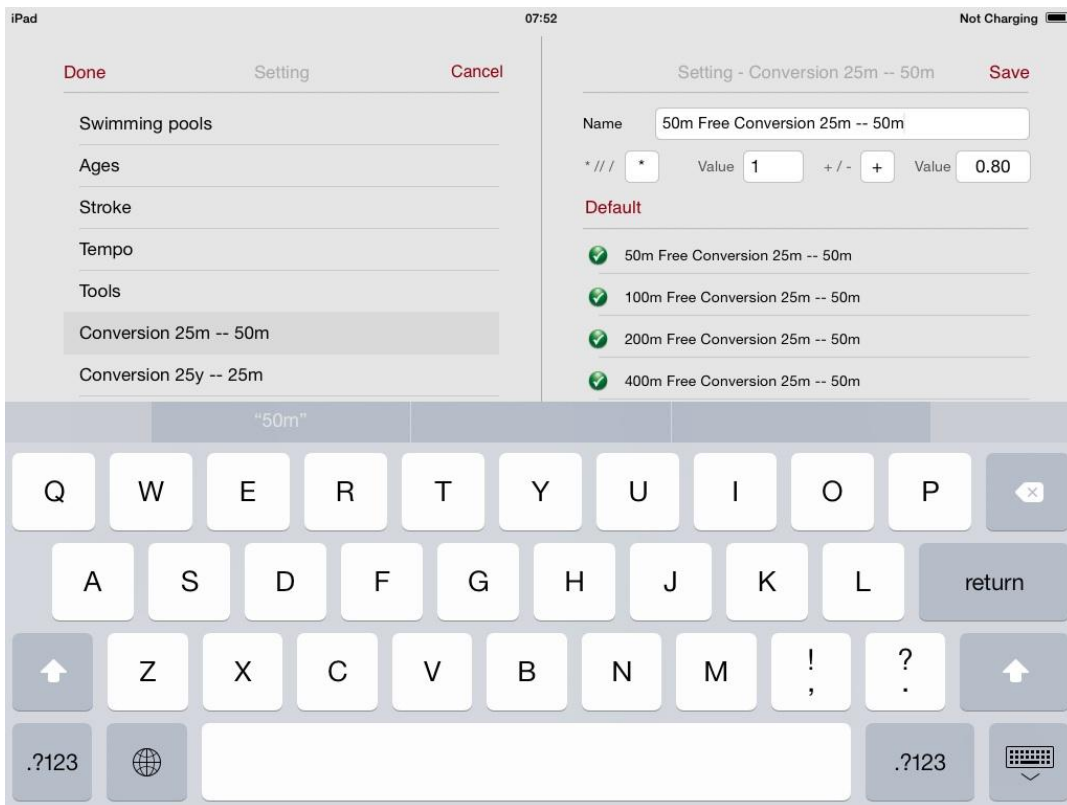
Set the other parameters in addition to the before mentioned swimming pool is identical. Following the procedure set each of the parameters to your liking.

Conversion 25m → 50m pool - let you convert times using conversion tables set by individual swimming federation.

Calculation is done by using settings pic. No. 55.



Setting is done by pressing button FIX. the keyboard will pop up and you can change the setting pic. No.



The calculation is done this way - multiplying time from 25m pool by (1) and add in conversion example (0.80s). This time is used as 50m pool time

When calculating conversion 50m pool tom 25m pool we using opposite sequence

[Conversion 25y □ 25m pool](#)- the sequence is the same as Conversion 25m □ 50m pool.

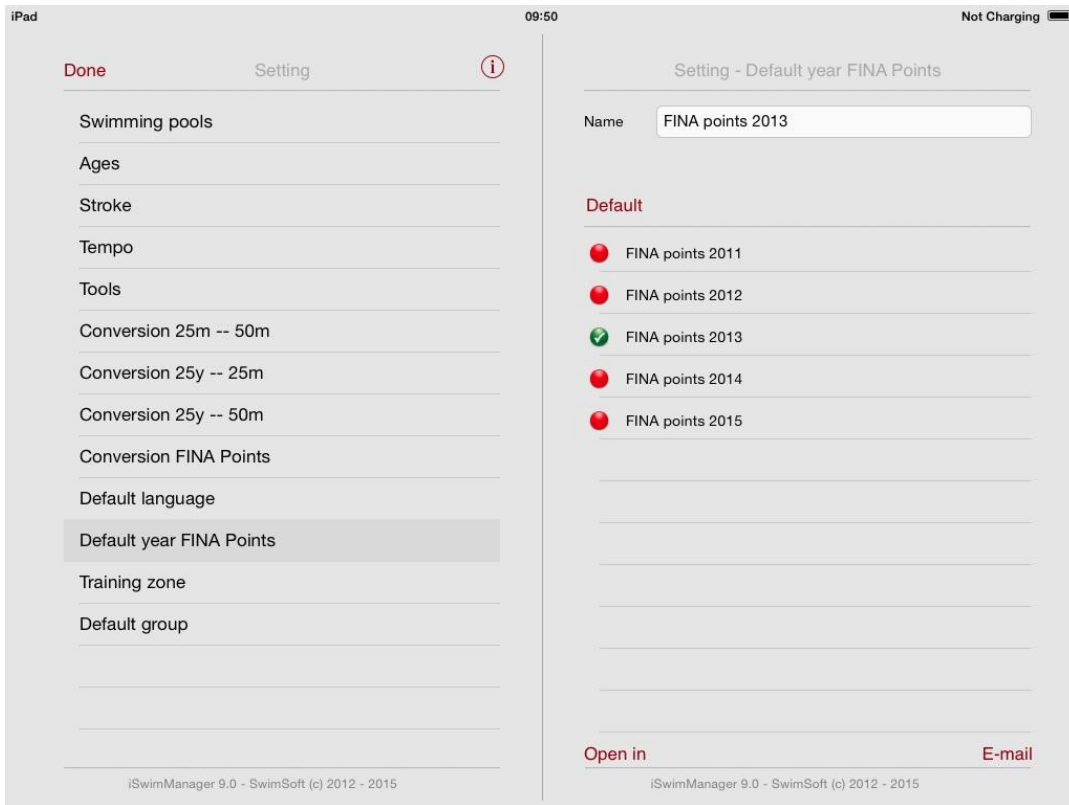
[conversion 25y □ 50m pool](#)- the sequence is same as Conversion 25m □ 50m pool

[Conversion by FINA Points](#) - conversion is done by time conversion of 25m and 50m pools

Times swum in 25m pool - FINA points will be shown by automatic calculation the FINA points for 50m pool time will be shown and versus versa.

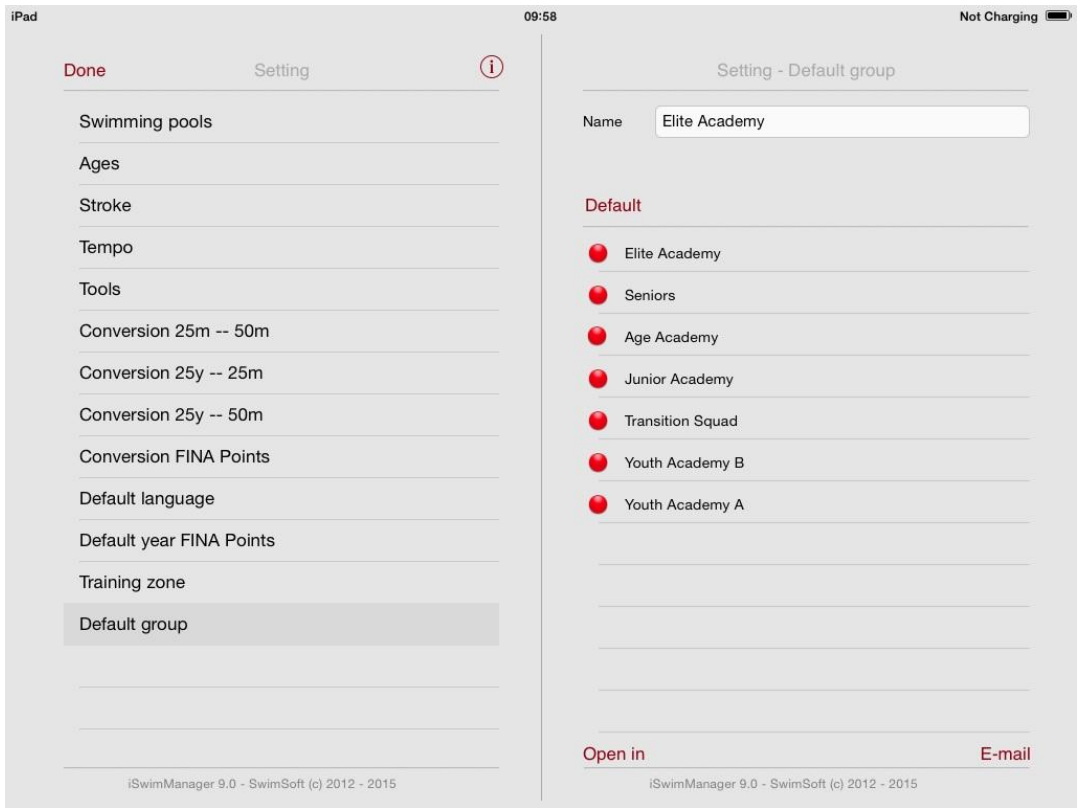
[Default language](#) - See: [Create, change and update the language App.](#)

[Default year FINA Points](#) - Setting the default “Fina” points affects all FINA points’ calculations across App. See Figure No.57

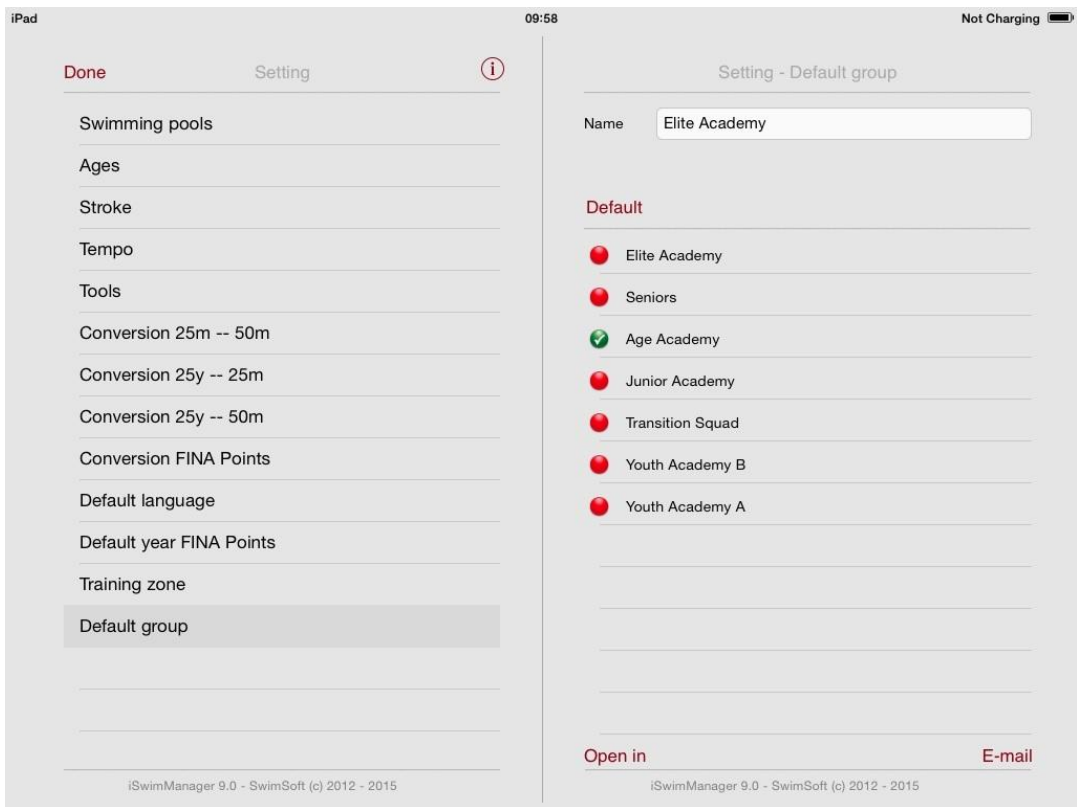


The predefined groups are used to preset groups in the training plan from version 6.3 After screen appears select the Default group shown in Figure No.58

[Default Group](#) - To double check group, press buton [Default](#) Pic No. 58 All groups will appear.



Choose group and by clicking on in the group will highlight Pic No. 59



That is it. The group has been changed and will show in training plan.